SEPTEMBER 2018

INSIGHT

"Harmony through tolerance.
Diversity in forms.
Unity in essence."
~ GMCKS

PACIFIC NORTHWEST PRANIC HEALING NEWS

OM Mani Padme Hum is one of the most popular mantras in the world.
It is the mantra of compassion and mercy.

According to Buddhist history, the mantra originated from Buddha Quan Yin.

Read more:
http://pranaworld.net/4-things-need-know-om-mani-padme-hum/

PRANIC HEALING STUDIO

Coming Up in the Studio

PH Q&A
Tuesday Sept 4: 7 - 8:30 p.m.
Prosperity Pie Shoppe in
Multnomah Village

GUIDED SELF HEALING SESSION
Saturday Sept 29: 10:15-11:45
Strengthening the Body's Defense System
with Linda Negrin

Tales from Real Life:

"I was at the dentist one morning for a cleaning. As that was going on, my jaw started hurting from being open for so long. I swept it out for maybe a minute while in the chair. Pain left. Simple easy stuff."

~ YT, Portland, OR

I cut my finger and usually I just do the regular first aid stuff. But this time I decided to do Pranic Healing on it right away. I swept it, and then energized it. The bleeding stopped (it wasn't a lot of bleeding to begin with, but still ...) and I could tell after just a few minutes that it was already healing. After that I forgot about it and it was fine. I was so happy! And I thought, "wow, I'm a wizard!"

~ AR, Portland, OR

These tales are a good reminder about what a great set of first aid tools are in the palm of our hands. Pranic Healing is super effective and super fast when applied immediately to an injury or even just something that's creating stress. Try it! Next time you get a paper cut, or bump your shin, stop immediately and clean it, then energize it. There's no better teacher than experience ;-).

'The mantra OM or AUM has a purifying effect and helps the consciousness shift to a higher level. By regularly chanting the mantra OM or AUM .... it is possible to purify the incarnated soul, thereby resulting in union with the higher soul.'

PRANIC HEALING in OREGON

CLASSES WITH
LIZA BURNEY

liza@heart-to-heart-healing.com

LEVEL 1
PRANIC HEALING

SEPT 8-9 IN PORTLAND
OCT 13-14 IN BEND

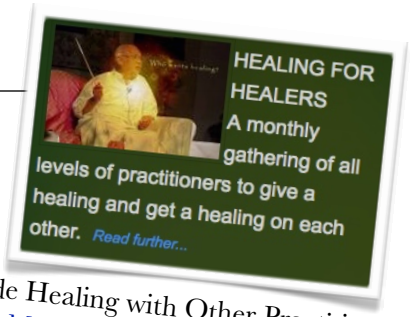
LEVEL 2
ADVANCED PH

SEPT 22-23 IN PORTLAND

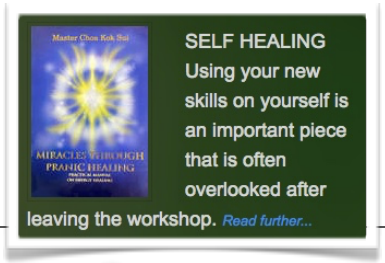
PRANIC HEALING STUDIO

You've taken a Pranic Healing class and learned all these amazing skills. Now what?
Come Practice, Learn, and Explore.

Informal Discussion Q&A
Read More



Trade Healing with Other Practitioners
Read More



1 1/2 Hour Guided Self Healing Sessions using specific protocols
Read More

Healing Clinics – Oregon

MONDAYS
10am-12pm
A Healing Space
171 Lawrence St.
Eugene, OR 97401
Phone: 541-525-1209

TUESDAYS
7pm-9pm
The Unity Center West Linn
20255 Willamette Dr.
West Linn, OR 97068
Phone: 503-330-7971
aarti@purepranahealing.com.

WEDNESDAYS
10am-12pm
Center for Spiritual Living
6211 NE MLK Jr. Blvd.
Portland, OR 97211
Phone: 503-289-2858

PRANIC HEALING in OREGON cont'd

Healing Practice

Bend

Location: 1769 SW Forest Ridge, Bend, 97702
Thursday September 6 at 4 pm.

For more info contact
Andrea Furber 971-400-7103 (text)

Portland

Healing for Healers
Location: Multnomah Arts Center
7688 Sw Capitol Hwy, Portland, OR 97219
Upcoming dates TBD
Contact Liza Burney for information
RSVP and More info:
PH Studio Healing for Healers

Meditation Practice – Oregon

Full Moon Meditations

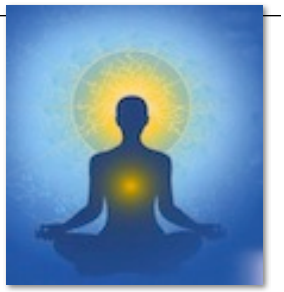
Bend:

Sept 24, Oct 24, Nov 23, Dec 22 @ 7 PM
1769 SW Forest Ridge, Bend
Meditation CD with Master Choa Kok Sui
Sept 25, Oct 25, Nov 24, Dec 23 at 6 PM
The Studio, 29 NE Greeley Ave, Bend
Lecture and mediation streaming with Master Stephen Co.

Portland:

Sundays:
September 23
October 21

Meditation: 1-2 p.m.
Multnomah Arts Center
7688 SW Capitol Hwy, Room #30
Social Hour:
Prosperity Pie Shoppe
7814 SW Capitol Hwy



Twin Hearts Practice

Every Wednesday
11 a.m. - 12 p.m.
BEGINNING SEPT 5
Saachi Wellness Center
2008 Willamette Falls Dr,
West Linn, OR 97068
Led by Linda Negrin
Please RSVP:
cultivateinnerpeace@gmail.com

PRANIC HEALING in WASHINGTON

LEVEL 1
PRANIC HEALING
IN BELLEVUE

WITH GAYLE NELSON

SEPT 22-23
NOV 24-25

MORE WA EVENTS INFO

FULL MOON MEDITATION SEATTLE

Contact
Eduardo Sztokbant
eduardo@pranamatters.com
for details.

Healing Clinics – Washington

1st & 3rd MONDAYS
7pm-9pm
Seattle Unity Church
200 8th Ave. N., **Seattle**
Contact: Eduardo Sztokbant
eduardo@pranamatters.com
No meeting September 3

2nd SATURDAYS
10:00am - 12:00pm
Senior Center of West Seattle
4217 SW Oregon St, **Seattle**
Contact: Meghan Kaul -
meghan@pranichealing.com

2nd THURSDAYS 7-8:30pm
East-West Bookshop
6407 12th Ave NE
Seattle
Contact: Eduardo Sztokbant
eduardo@pranamatters.com

1st & 3rd FRIDAYS
7:00 p.m.
Blue Mountain Yoga+
803 Carlsborg Road Suite D
Sequim, WA 98382
Contact: Mary Campbell
(360)504-2058
marycampbell2250@yahoo.com

Upcoming Intros – Washington

	START DATE:	END DATE:	INSTRUCTOR:
Introduction to Pranic Healing® LOCATION: **Seattle, WA**	09/09/2018 - 1:00pm	09/09/2018 - 3:00pm	Meghan Kaul
Introduction to Pranic Healing® LOCATION: **Burien, WA**	09/29/2018 - 2:00pm	09/29/2018 - 4:00pm	Meghan Kaul

MORE INFO

For detailed information about classes and intros
in the Pacific Northwest visit
https://pranichealing.com/learn or www.pnwpranichealing.com