

OCTOBER 2017

# INSIGHT

*"Imagine people not only talking about  
doing good things, but actually doing them."*

~ Master Choa Kok Sui

PACIFIC NORTHWEST PRANIC HEALING NEWS

## TALE FROM REAL LIFE: CHOKE INTERRUPTED

One of the most important things I have learned with Pranic Healing is how to do remote scanning and distance healing. I don't know how I ever managed without these two skills. I literally use them all the time. Like the other day I was out of town on vacation, and the barn owner calls at 9:30 pm saying my horse is experiencing choke. Right away while I was on the phone with her, I scanned my horse's energy to see what was going on. There was definitely a certain "stuckness" in his throat that I could feel and specifically locate. Now we've had to work together with choke a couple of times, and I'm familiar with the energy pattern my horse presents when experiencing choke from a stress-induced situation. I wasn't seeing a similar pattern this time. Maybe the record heat was a factor and he was a bit dehydrated. Maybe it was the new delivery of alfalfa that was just different enough, because he has been eating hay successfully. Or maybe it was something about the new horse on the property. Who knows. What I did know was exactly what to do energetically to help alleviate his situation. And I did this from where I was on vacation, hundreds of miles away from home. While the barn owner was doing the physical task of hosing his mouth and massaging his neck, I did the energy work remotely. First, the major energy center of the throat needed to be cleared, activated and energized. This helps strengthen the energy of all the physical anatomy of the throat, and removes all sluggish tendency, particularly in the esophagus. Super important when dealing with stuck food. Next, using advanced color-energy applications, the esophagus needed to be dilated. This is the same energy technique used in an asthma attack to dilate the



bronchial tubes, and in a birthing situation to dilate the cervix. This process helps to create more spaciousness in the physical anatomy for the food to become unstuck and travel down to the stomach. Also, his throat was energized with a particular frequency of energy that lubricates the interior of the esophagus and help the food slide down the throat. And of course, he received a stress relief treatment to keep the rest of his energy calm and relaxed. All the time I was constantly scanning his energy to evaluate the "stuckness" of his throat, and it continued to improve until I couldn't feel anything stuck anymore. When the vet arrives at 10:30 pm, she says my horse is bright, alert and responsive. She tubes him down to his stomach and finds no obstruction. A big "non-event." Pretty good resolution, considering I wasn't even there. Interested in learning how to do this too? Yes, you can.

~ Liza Burney, [www.heart-to-heart-healing.com](http://www.heart-to-heart-healing.com)

Next LEVEL 1 CLASS IN PORTLAND:

OCTOBER 28-29

[FOR DETAILS CLICK HERE](#)

# \* PRANIC HEALING in OREGON \*

## LEVEL 1 PRANIC HEALING

OCTOBER 28-29  
IN PORTLAND



LEVEL 2  
ADVANCED PH  
NOV 11-12  
IN PORTLAND

WITH LIZA BURNEY

[liza@heart-to-heart-healing.com](mailto:liza@heart-to-heart-healing.com)

## FULL MOON MEDITATION PORTLAND: SUNDAY OCTOBER 8

**Meditation: 1-2 p.m.**  
Multnomah Arts Center  
7688 SW Capitol Hwy ~ Room #30

**Social Hour: Until 4:00 p.m.**  
Prosperity Pie Shoppe  
7814 SW Capitol Hwy

Future dates:  
Nov 5, Dec 3.



## \* Healing Clinics - Oregon \*

### MONDAYS

10am-12pm  
A Healing Space  
171 Lawrence St.

**Eugene, OR 97401**

Phone: 541-525-1209

### TUESDAYS

7pm-9pm  
The Unity Center West Linn  
20255 Willamette Dr.

**West Linn, OR 97068**

Phone: 503-697-9765

### WEDNESDAYS

10am-12pm  
Center for Spiritual Living  
6211 NE MLK Jr. Blvd.

**Portland, OR 97211**

Phone: 503-289-2858

## Prayer Circle



We have a circle of healers ready to offer prayers and blessings to those who request it. To make a request, please email [prayers@pnwpranichealing.com](mailto:prayers@pnwpranichealing.com) with the name and location (city, state, country) of the person needing blessings.

## \* Upcoming Intros - Oregon \*

Sat, Sep 30	Intro: SuperBrain Yoga® & Pranic Healing®	Liza Burney	Portland, OR
Sun, Nov 5	Learn to Meditate for Stress Release and Emotional Healing	Liza Burney	Portland, OR
Sat, Nov 18	Introduction to Pranic Healing®	Liza Burney	Portland, OR
Sat, Dec 9	Introduction to Pranic Healing®	Liza Burney	Portland, OR

Get all the details at: [www.pranichealing.com/events](http://www.pranichealing.com/events)

# ✧ PRANIC HEALING in WASHINGTON ✧

**LEVEL 2 & LEVEL 3**  
WITH CHANDAN PARAMESWARA  
**ADVANCED PH**  
**& PSYCHOTHERAPY**  
**OCT 14-16**  
IN SEATTLE

[MORE INFO](#)



**FULL MOON**  
**MEDITATION**  
**SEATTLE**

October 5 at 7 p.m.

Contact Eduardo at  
(206) 432-0669 or  
[eduardo@pranichealing.com](mailto:eduardo@pranichealing.com) for details.



## ✧ Healing Clinics - Washington ✧

1st & 3rd MONDAYS  
7pm-9pm  
Seattle Unity Church  
200 8th Ave. N., **Seattle**  
Contact: Eduardo Sztokbant  
[du@du.net.br](mailto:du@du.net.br)

2nd THURSDAYS 7-8:30pm  
East-West Bookshop  
6407 12th Ave NE  
**Seattle**  
Contact: Eduardo Sztokbant  
[du@du.net.br](mailto:du@du.net.br)

1st & 3rd FRIDAYS  
7:00 p.m.  
Blue Mountain Yoga+  
803 Carlsborg Road Suite D  
**Sequim**, WA 98382  
Contact: Mary Campbell  
(360)504-2058  
[marycampbell2250@yahoo.com](mailto:marycampbell2250@yahoo.com)

## ✧ Upcoming Intros - Washington ✧

For detailed information about classes and intros  
in the Pacific Northwest visit  
[www.pranichealing.com/events](http://www.pranichealing.com/events) or [www.pnwpranichealing.com](http://www.pnwpranichealing.com)