



JUNE 2019

# INSIGHT

*“Purify yourself,  
Practice diligently,  
Spread the teachings.”  
MCKS final words to his students*

PACIFIC NORTHWEST PRANIC HEALING NEWS

## Apply Master’s Teaching Every Day

### Tales from Real Life: Sell that House!

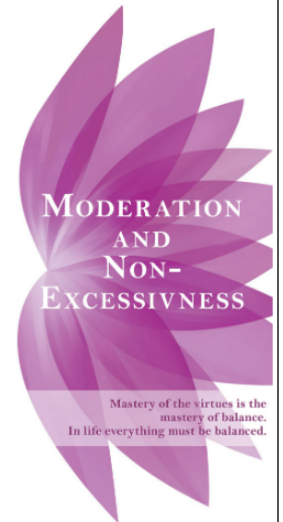
A fellow practitioner shared this story: a client of his had put her house on the market and it wasn’t selling, it wasn’t even getting any offers. She was telling the practitioner about this, and the thought occurred to him to thoroughly clean the house energetically. He asked her to leave the house and property for a few minutes, and proceeded to sweep the house and the property to remove any negative energies, and any energies preventing release of the property to a new owner. Within about 20 minutes of completing the cleaning, the woman received her first offer ~ and shortly after got two more offers. Remember, the techniques from Master Choa are applicable to all areas of life!

*by Linda Negrin*

*“Moderation is one of the secrets of prosperity.”*

*~MCKS, Compassionate Objectivity Sutra*

We live in a society that seems to think that more is not only better, but necessary. And yet, our beloved planet is suffering from the weight of humanity’s constant striving for more. Master’s teaching on moderation and non-excessiveness is important for all practitioners to keep in the forefront of our daily practice. In the Compassionate Objectivity Sutra, Master says: *“Moderation requires discernment. It varies from person to person. What is moderate for one may not be moderate for another. To have fun is good, to have money is good, but practice moderation. Live within your means. Save 20-30 percent of what you earn. Without savings you cannot accumulate wealth!”*



As we develop, and come to a clearer understanding of who we are, our perceptions change; what matters to us is different. It is that perception shift that moves us to make choices that are of moderation and non-excessiveness.

*“Intelligence, love and willpower should be equally developed. As you grow, what you consider as moderate or not moderate with change.”*



[Next Class](#)  
[July 27](#)  
[Healing Our Pets](#)

# \* PRANIC HEALING in OREGON \*



CLASSES WITH

LIZA BURNEY

[liza@heart-to-heart-healing.com](mailto:liza@heart-to-heart-healing.com)

## LEVEL 1

PRANIC HEALING

JUNE 1-2 IN PORTLAND

AUG 3-4 IN CHELAN, WA

AUG 24-25 IN BEND

## LEVEL 2

ADVANCED PH

JUNE 8-9 IN PORTLAND

[For information on upcoming Free  
Introductory Talks in Oregon, click here](#)

CLASSES WITH

TERESA EVANS

[teresa@pranahealthservices.com](mailto:teresa@pranahealthservices.com)

## LEVEL 1

PRANIC HEALING

JUNE 8-9 IN EUGENE

## LEVEL 2

ADVANCED PH

JUNE 1-2 IN MEDFORD

## LEVEL 3

PRANIC

PSYCHOTHERAPY

COMING SOON



You've taken a Pranic Healing class  
and learned all these amazing skills.

Now what?

Come Practice, Learn, and Explore.



PH Q&A Discussion  
An informal  
coffee/tea date to  
answer questions on  
technique, protocols, clients. Led by  
a Senior Practitioner or Certified  
Teacher [Read further...](#)

Informal Discussion  
Q&A  
[Read More](#)



SELF HEALING  
Using your new  
skills on yourself is  
an important piece  
that is often  
overlooked after  
leaving the workshop. [Read further...](#)

1 1/2 Hour Guided Self Healing  
Sessions using specific protocols ~ Next  
Session July 27 in SW Portland  
[Read More](#)

## \* Healing Clinics - Oregon \*

### MONDAYS

10am-12pm

A Healing Space

171 Lawrence St.

**Eugene, OR 97401**

Phone: 541-525-1209

### SECOND TUESDAYS

7pm-9pm

The Unity Center West Linn

20255 Willamette Dr.

**West Linn, OR 97068**

Phone: 503-330-7971

[aarti@purepranahealing.com](mailto:aarti@purepranahealing.com)

### WEDNESDAYS

10am-12pm

Center for Spiritual Living

6211 NE MLK Jr. Blvd.

**Portland, OR 97211**

Phone: 503-289-2858

### SECOND SUNDAYS

4:00 - 5:30 pm

The Blissful Heart Studio

Yoga Barn

45 NW Greeley

**Bend, Or 97701**

Andrea Furber

971-400-7103

# ✧ PRANIC HEALING in OREGON cont'd ✧

## ✧ Healing Practice ✧

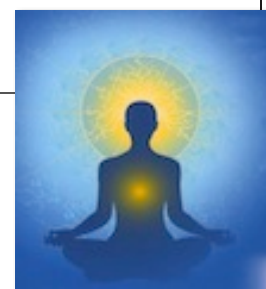
### Bend

Location: 1769 SW Forest Ridge, Bend, 97702  
For more info contact  
Andrea Furber 971-400-7103 (text)  
[andreaforber@me.com](mailto:andreaforber@me.com)

### Portland

PH Studio Guided Self-Healing Practice:  
Scanning Practice  
with Linda Negrin & special guest Aarti Kapila  
Saturday May 4 - 10:15-11:45 p.m.  
[More info PNWPH PH Studio Offerings](#)

## ✧ Meditation Practice - Oregon ✧



### FULL MOON MEDITATIONS

#### PORTLAND:

**Once a month, Sundays:  
June 16, July 14, August 18,  
Sept 15, Oct 13, Nov 10**

*Meditation: 1-2 p.m.*  
Multnomah Arts Center  
7688 SW Capitol Hwy, Room #30  
*Social Hour follows Meditation:*  
Prosperity Pie Shoppe  
7814 SW Capitol Hwy

#### BEND:

**Contact Andrea for Date  
7:15 p.m. - 8:45 p.m.**  
The Blissful Heart Studio -  
Yoga Barn  
45 NW Greeley  
**Bend, Or 97701**  
Andrea Furber 971-400-7103  
[andreaforber@me.com](mailto:andreaforber@me.com)

### TWIN HEARTS PRACTICE

#### PORTLAND:

**First Mondays  
7:30 p.m. to 9:15 p.m.**  
Awakening Wellness Center  
1016 SE 12th Ave, Portland  
Sophie Piedra-Mansuet  
[healing.prana.art@gmail.com](mailto:healing.prana.art@gmail.com)

**Fourth Mondays  
7:00 p.m. to 9:00 p.m.**  
DAYA Yoga Foundation  
5210 SW Corbett Ave  
Portland, OR 97239  
Victoria Quinn-Stephens  
[vqs@earthlink.net](mailto:vqs@earthlink.net)

#### BEND:

**Tuesdays  
7:15 p.m. - 8:45 p.m.**  
The Blissful Heart Studio -  
Yoga Barn  
45 NW Greeley  
**Bend, Or 97701**  
Andrea Furber 971-400-7103  
[andreaforber@me.com](mailto:andreaforber@me.com)

#### EUGENE:

**Third Thursdays  
7:15 p.m. to 8:45 p.m.**  
A Healing Space  
171 Lawrence St.  
**Eugene, Or**  
Paul Brown  
[info@pranahealthservices.com](mailto:info@pranahealthservices.com)

# ✧ PRANIC HEALING in WASHINGTON ✧

**LEVEL 1**  
**PRANIC HEALING**  
WITH GAYLE NELSON  
**JUNE 29-30 IN SEQUIM**

WITH LIZA BURNEY  
**AUG 3-4 IN CHELAN**

**FULL MOON  
MEDITATION  
SEATTLE**

Contact  
Eduardo Sztokbant  
[eduardo@pranamatters.com](mailto:eduardo@pranamatters.com)  
for details.



**SAVE THE DATES**  
**JULY 13-14**

CHANDAN PARAMESWARA WILL BE TEACHING PRANIC PSYCHOTHERAPY AND ACHIEVING ONENESS WITH THE HIGHER SOUL. DETAILS AT [WWW.PRANICHEALING.COM](http://WWW.PRANICHEALING.COM)

[MORE WA EVENTS INFO](#)

## ✧ Healing Clinics - Washington ✧

2nd WEDNESDAYS  
West Seattle #2  
Inner Alchemy  
6:30pm - 8:30pm  
7354 35th Ave SW  
**Seattle**, WA 98126  
Contact: Meghan Kaul  
[meghan@pranichealing.com](mailto:meghan@pranichealing.com)  
(503) 277-8391

2nd & 4th WEDNESDAYS  
Bellevue Red Lion Hotel,  
Medina Room  
7:00pm - 9:00pm  
11211 Main St  
**Bellevue**, WA, 98004  
Contact: Andrea Bushroe  
[bushroea@gmail.com](mailto:bushroea@gmail.com)  
(206) 697-9760

2nd THURSDAYS  
Northeast Seattle  
East West Bookshop  
7:00pm - 8:30pm  
6407 12th Ave NE  
**Seattle**, WA 98115  
Contact: Eduardo Sztokbant  
[eduardo@pranamatters.com](mailto:eduardo@pranamatters.com)  
(206) 432-0669

4th THURSDAYS  
West Seattle #1  
Senior Center of West Seattle  
6:30pm - 8:30pm  
4217 SW Oregon St  
**Seattle**, WA 98116  
Contact: Meghan Kaul  
[meghan@pranichealing.com](mailto:meghan@pranichealing.com)  
(503) 277-8391

1st & 3rd FRIDAYS  
7:00 p.m.  
Blue Mountain Yoga+  
803 Carlsborg Road Suite D  
**Sequim**, WA 98382  
Contact: Mary Campbell  
(360)504-2058  
[marycampbell2250@yahoo.com](mailto:marycampbell2250@yahoo.com)

Last SUNDAYS  
2:00 pm - 4:00 pm  
A Path To Avalon  
437 N Olympic Ave #D  
**Arlington**, WA 98223  
Contact: Denise Clark -  
[whitehorsehealingarts@clarknursing.org](mailto:whitehorsehealingarts@clarknursing.org)  
(360) 631-0550

[For information on upcoming Free Introductory Talks in Washington, click here](#)

For detailed information about classes and intros  
in the Pacific Northwest visit

<https://pranichealing.com/learn> or [www.pnwpranichealing.com](http://www.pnwpranichealing.com)