



Save the Date! Sunday August 6
 Portland Pranic Healers Picnic ~ 3 p.m.
 Come to Full Moon Meditation at 1 p.m.
 then let's socialize and enjoy a summer
 veggie potluck. Details to follow in
 separate email.

PACIFIC NORTHWEST PRANIC HEALING NEWS

PRANIC PSYCHOTHERAPY

Pranic Psychotherapy is one of the Great Gifts of the Teacher. Master Choa Kok Sui teaches that Pranic Healing can be applied not only to relieve physical distress by removing congested energy and applying the appropriate pranas to certain chakras but also to assist in the healing of psychological distress. As most Advanced Pranic Healers know, this really needs to be experienced to understand the implications and to appreciate the true genius of the Teacher.

Negative psychic energies collect in our energy centers and in our aura. These energies are often self created as well as the effect of stress, addiction and trauma. They can also be the result of certain environments (family or work) and can be projected from others.

The process of clearing these energies plus some advanced techniques for energizing and protecting the field can provide more of a sense of choice and the opportunity for a shift toward connection and wholeness. Learning how to take care of ourselves and each other in this way provides more freedom to be functional, to perhaps move toward our goals and have more of a sense of well being. How cool is that!

Next class in Portland is July 8-9 with Teresa Evans. Take it for the first time, or review it again!

IN MEMORIAM

Our dearly beloved fellow healer and Arhatic Yogi, Vienna Howard, passed away June 15. Not only an instrumental part of our Portland Pranic Healing Community as a healer, Vienna served on the Board of Directors for PNW Pranic Healing for the past 12 years as Treasurer and Bookkeeper. Many of you will know her as our "Crystal Woman" as she provided lasers, rings and other crystals for our Crystal classes.

Vienna will be deeply missed, and we all pray for her to have a blessedly joyful journey ahead.

LEVEL 1 & 2 REVIEW

JULY 22: 10AM-12PM

WITH LIZA BURNEY

Multnomah Arts Center, Room 30

Please RSVP to Liza Burney

liza@heart-to-heart-healing.com

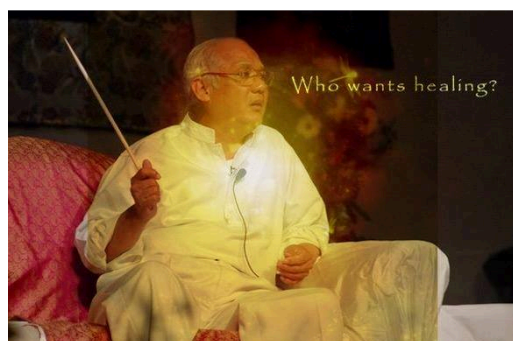
HEALING 4 HEALERS

Portland: July 7 ~ 7pm - 9pm

Please bring your text books, notebooks, healing crystals and sprayer. We supply the buckets and salt. We would love if you could contribute \$5 towards the rent. Please RSVP to Liza Burney liza@heart-to-heart-healing.com

Multnomah Arts Center, Room 30 (park in the back lot, use the door on the east-most edge of the building).

After healing, people who want to head to Prosperity Pie in the village for post-healing social hour! They offer soup, quiche, scones, pie and tea/coffee. Stay as long as you like.



✧ PRANIC HEALING in OREGON ✧

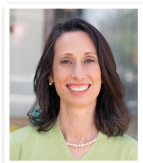
LEVEL 1

PRANIC HEALING SEPTEMBER 9-10

IN BEND

WITH LIZA BURNEY

liza@heart-to-heart-healing.com



FULL MOON MEDITATION PORTLAND: SUNDAY JULY 9

Meditation: 1-2 p.m.

Multnomah Arts Center
7688 SW Capitol Hwy ~ Room #30

Social Hour: Until 4:00 p.m.

Prosperity Pie Shoppe
7814 SW Capitol Hwy

Future dates:

Aug 6, Sept 10, Oct 8,
Nov 5, Dec 3.



LEVEL 3

PSYCHOTHERAPY

JULY 8-9

IN PORTLAND

WITH TERESA EVANS

teresa@pranahealthservices.com



✧ Healing Clinics - Oregon ✧

MONDAYS

10am-12pm

A Healing Space
171 Lawrence St.

Eugene, OR 97401

Phone: 541-525-1209

TUESDAYS

7pm-9pm

The Unity Center West Linn
20255 Willamette Dr.

West Linn, OR 97068

Phone: 503-697-9765

WEDNESDAYS

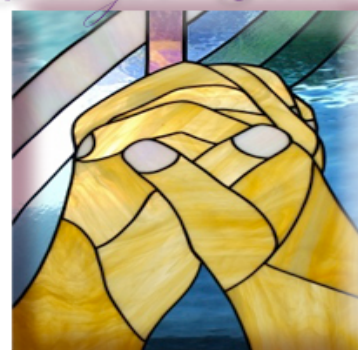
10am-12pm

Center for Spiritual Living
6211 NE MLK Jr. Blvd.

Portland, OR 97211

Phone: 503-289-2858

Prayer Circle



We have a circle of healers ready to offer prayers and blessings to those who request it. To make a request, please email prayers@pnwpranichealing.com with the name and location (city, state, country) of the person needing blessings.

✧ Upcoming Intros - Oregon ✧

Tue, Aug 1	Introduction to Pranic Healing®	Liza Burney	Bend, OR
Wed, Aug 2	Learn to Meditate for Stress Release and Emotional Healing	Liza Burney	Bend, OR
Fri, Aug 4	Intro: SuperBrain Yoga® & Pranic Healing®	Liza Burney	Bend, OR
Sat, Aug 26	Introduction to Pranic Healing®	Liza Burney	Portland, OR

✧ PRANIC HEALING in WASHINGTON ✧

LEVEL 1 BASIC PRANIC HEALING

WITH GAYLE NELSON

JULY 1-2
IN PORT ANGELES

[MORE INFO](#)

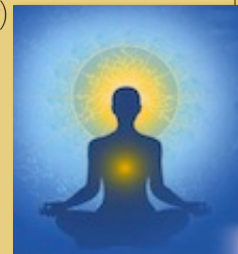
JULY 15-16
IN YAKUTAT

[MORE INFO](#)

FULL MOON MEDITATION SEATTLE

Upcoming Dates: May 10 (Wednesday)
Jun 9th (Friday), Jul 8th (Saturday)
Aug 7th (Monday)

Contact Eduardo at
(206) 432-0669 or
eduardo@pranichealing.com
for details.



✧ Healing Clinics - Washington ✧

1st & 3rd MONDAYS
7pm-9pm
Seattle Unity Church
200 8th Ave. N., **Seattle**
Phone: 303-817-0498

1st THURSDAYS 7-8:30pm
East-West Bookshop
6407 12th Ave NE
Seattle contact:
eduardo@pranichealing.com

1st & 3rd FRIDAYS
7:00 p.m.
Blue Mountain Yoga+
803 Carlsborg Road Suite D
Sequim, WA 98382
Contact: Mary Campbell
(360)504-2058
marycampbell2250@yahoo.com

For detailed information about classes and intros
in the Pacific Northwest visit
www.pranichealing.com/events or www.pnwpranichealing.com