Apply Master’s Teaching Every Day

by Linda Negrin

“Pranic healers are supposed to be models for patients and their communities. As such, the development of the virtues is very important” - MCKS

Last month, we reviewed Loving-Kindness and Non-Injury. This month, I encourage us all to focus on Generosity and Non-Stealing. It is helpful to remember that the more we give the more receive. I remember hearing one of the Pranic Healing Masters tell us that Master Choa explained how every time we give, we plant a seed. And what do seeds do? They grow and flower. And bear fruit. And they never bear only one flower or one piece of fruit; rather they produce a multitude, which even includes more seeds for more growth. Giving is like that. Whether it’s money, time, food, love — whatever you give will return to you 10,000 fold!

The following is from Miracles Through Pranic Healing:

“Generosity means sharing or giving. On the physical level, it means sharing or giving money wisely. The key to prosperity is in giving. Donating a part of your income to spiritual and charitable institutions is a physical act of generosity. It has been observed that patients who give generously to the healer usually recover very fast from their ailments. This is because by giving, they are entitled to receive healing energy...

“On the emotional level, you can be generous by being warm, nurturing and supportive. Mentally, you can share knowledge and skills to people who are ready and willing to learn. You will notice that your understanding of a certain subject becomes deeper when you do this. This is because you do not master a subject until you start teaching it.

“Non-stealing means that a person should not take anything that does not belong to him. On the level of relationship, one should not steal affection or covet the spouse of another. It also means, on a more subtle level, that one should not steal the merit or credit that is due to other people.”
COMING SOON TO THE PNW REGION

APRIL 6-7 : PORTLAND, OR

Achieving Oneness with the Higher Soul

"The purpose of yoga is to realize that you, the incarnated soul, are one with your Higher Soul. The purpose of yoga is union with your Higher Soul and union with all souls." - Master Choa Kok Sui

Learn:

• to experience peace, calmness, clarity and expansion of consciousness.
• the nature of your soul and its journey through timeless incarnations.
• how your soul chooses your parents and place of birth.
• the exact location of the twelfth chakra and its function.
• to discover secrets of your three silver cords, inner caduceus and how it is related to safely awakening the kundalini shakti.
• the existence of energetic seeds in your aura field and how they affect your spiritual, mental, emotional and physical lives.
• how to experience spiritual intimacy, create positive changes in your relationships.
• to experience the inner light and intense bliss of the "Blue Pearl" (the seed of consciousness) within you.
• to expand the "communication cable" between your higher soul and incarnated soul.

April 6 & 7, 2019 • 9:00 am-5:30 pm
Multnomah Arts Center Room #30
7688 SW Capitol Hwy, Portland, OR
Cost: $350* ($50 deposit at time of registration; cost: $300 with early registration by March 23, 2019; $100 for repeating students.
No prerequisite required. (There is a book and CD related to this course.)

To register, please visit: https://cultivateinnerpeace.bpt.me
For questions or more info: Linda Negrin • cultivateinnerpeace@gmail.com

APRIL 19: CRYSTAL HEALING
APRIL 20: PRANIC PSYCHIC SELF DEFENSE
Lake Oswego, Oregon
with Chandan Parameswara

MAY 11: PORTLAND, OR

Nature Devas - The Elemental Life

Working with the Elements of Mother Nature

plus a special bonus talk on the Archangels!

Master Nona—well known for her Archangel class—presents a new offering about Mother Nature. We will learn about the elemental beings of nature who support the structure of all life, and how to partner creatively with these special energies to help heal ourselves, others and the planet herself.

Saturday, May 11, 2019
9:00 am to 7pm
Clackamas Community College
19600 S Molalla Ave, Oregon City, OR 97045

Early Registration: $145 by April 27th (includes lunch and afternoon snack)
Registration After April 27th: $185
Space is limited, so please register with a deposit of $50.
Prerequisite: Basic Pranic Healing

Questions or more information, contact Linda Negrin
cultivateinnerpeace@gmail.com

To register:
https://mastermona.brownpapertickets.com

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PRANIC HEALING in OREGON

CLASSES WITH LIZA BURNEY
liza@heart-to-heart-healing.com

LEVEL 1 PRANIC HEALING
APR 6-7 in BEND

LEVEL 2 ADVANCED PH COMING SOON

CLASSES WITH TERESA EVANS
teresa@pranahealthservices.com

LEVEL 1 PRANIC HEALING
APRIL 27-28 in MEDFORD
JUNE 8-9 in EUGENE

LEVEL 2 ADVANCED PH JUNE 1-2 in MEDFORD

LEVEL 3 PRANIC PSYCHOTHERAPY COMING SOON

ACHIEVING ONENESS WITH THE HIGHER SOUL
APRIL 6-7 in PORTLAND
FOR MORE INFO: CULTIVATEINNERPEACE@GMAIL.COM

PRANIC HEALING STUDIO
You've taken a Pranic Healing class and learned all these amazing skills.

Informal Discussion Q&A Read More

1 1/2 Hour Guided Self Healing Sessions using specific protocols Read More

Healing Clinics - Oregon

MONDAYS
10am-12pm
A Healing Space
171 Lawrence St.
Eugene, OR 97401
Phone: 541-525-1209

SECOND TUESDAYS
7pm-9pm
The Unity Center West Linn
20255 Willamette Dr.
West Linn, OR 97068
Phone: 503-330-7971
aarti@purepranahealing.com

WEDNESDAYS
10am-12pm
Center for Spiritual Living
6211 NE MLK Jr. Blvd.
Portland, OR 97211
Phone: 503-289-2858

SECOND SUNDAYS
4:00 - 5:30 pm
The Blissful Heart Studio
Yoga Barn
45 NW Greeley
Bend, Or 97701
Andrea Furber
971-400-7103

WWW.PNWPRANICHEALING.COM / INFO@PNWPRANICHEALING.COM
**PRANIC HEALING in OREGON cont’d**

**Healing Practice**

**Bend**
Location: 1769 SW Forest Ridge, Bend, 97702  
Dates TBD  
For more info contact  
Andrea Furber 971-400-7103 (text)

**Portland**
PH Studio Guided Self-Healing Practice:  
Scanning Practice  
with Linda Negrin & special guest Aarti Kapila  
Saturday May 4 - 10:15-11:45 p.m.  
[More info PNWPH PH Studio Offerings](#)

**Meditation Practice - Oregon**

**FULL MOON MEDITATIONS**

**PORTLAND:**
*Once a month, Sundays:*
April 21, May 19 (Wesak),  
June 16, July 14, August 18  
*Meditation:* 1-2 p.m.  
Multnomah Arts Center  
7688 SW Capitol Hwy, Room #30  
*Social Hour follows Meditation:*
Prosperity Pie Shoppe  
7814 SW Capitol Hwy

**BEND:**
April 20  
7:15 p.m. - 8:45 p.m.  
The Blissful Heart Studio - Yoga Barn  
45 NW Greeley  
Bend, Or 97701  
Andrea Furber 971-400-7103

**TWIN HEARTS PRACTICE**

**PORTLAND:**
*First Mondays*
7:30 p.m. to 9:15 p.m.  
Awakening Wellness Center  
1016 SE 12th Ave, Portland  
Sophie Piedra-Mansuet  
healingprana.art@gmail.com

**BEND:**
*Tuesdays*
7:15 p.m. to 8:45 p.m.  
The Blissful Heart Studio - Yoga Barn  
45 NW Greeley  
**Bend, Or 97701**  
Andrea Furber 971-400-7103

**EUGENE:**
*Third Thursdays*
7:15 p.m. to 8:45 p.m.  
A Healing Space  
171 Lawrence St.  
**Eugene, Or**  
Paul Brown  
info@pranahealthservices.com

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For information on upcoming Free Introductory Talks in Oregon, click here

[WWW.PNWPRANICHEALING.COM](http://WWW.PNWPRANICHEALING.COM) / [INFO@PNWPRANICHEALING.COM](mailto:INFO@PNWPRANICHEALING.COM)
1st & 3rd MONDAYS
South Lake Union
Seattle Unity Church
/Library Room/
7:00pm - 9:00pm
200 8th Ave N
Seattle, WA 98109
Contact: Eduardo Sztokbant
eduardo@pranamatters.com
(206) 432-0669

2nd WEDNESDAYS
West Seattle #2
Inner Alchemy
6:30pm - 8:30pm
7354 35th Ave SW
Seattle, WA 98126
Contact: Meghan Kaul
meghan@pranichealing.com
(503) 277-8391

2nd & 4th WEDNESDAYS
Bellevue Red Lion Hotel,
Medina Room
7:00pm - 9:00pm
11211 Main St
Bellevue, WA, 98004
Contact: Andrea Bushroe
bushroea@gmail.com
(206) 697-9760

2nd THURSDAYS
Northeast Seattle
East West Bookshop
7:00pm - 8:30pm
6407 12th Ave NE
Seattle, WA 98115
Contact: Eduardo Sztokbant
eduardo@pranamatters.com
(206) 432-0669

4th THURSDAYS
West Seattle #1
Senior Center of West Seattle
6:30pm - 8:30pm
4217 SW Oregon St
Seattle, WA 98116
Contact: Meghan Kaul
meghan@pranichealing.com
(503) 277-8391

1st & 3rd FRIDAYS
7:00 p.m.
Blue Mountain Yoga+
803 Carlsborg Road Suite D
Sequim, WA 98382
Contact: Mary Campbell
(360)504-2058
marycampbell2250@yahoo.com

Last SUNDAYS
2:00 pm - 4:00 pm
A Path To Avalon
437 N Olympic Ave #D
Arlington, WA 98223
Contact: Denise Clark -
whitehorsehealingarts@clarknursing.org
(360) 631-0550

For more information on upcoming Free Introductory Talks in Washington, click here

For detailed information about classes and intros in the Pacific Northwest visit
https://pranichealing.com/learn or www.pnwpranichealing.com

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