



# PACIFIC NORTHWEST PRANIC HEALING

# INSIGHT

"Imagine people not only talking about doing good things, but actually doing them."  
GrandMaster Choa Kok Sui

February 2011

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## THE EXTERNAL AND INTERNAL FACTORS OF DISEASE

In the understanding of diseases, one should take into consideration the external and internal factors or the seen and unseen causes. External factors mean those physical factors which contribute to diseases like germs, malnutrition, toxins, pollutants, lack of exercise, poor breathing habits, insufficient water intake, etc. Internal factors mean the emotional and energy factors which contribute to diseases like negative emotions, blocked meridians, pranic depletion and congestion, chakral malfunctioning, etc.

**Calendar Summary:**  
(for complete listings, [click here](#))

### Intro to PH

Feb 6 - Kennewick, WA  
Feb 6 - Richland, WA  
Feb 26 - Hillsboro OR

### PH Level I

Feb 12-13 - Portland  
Feb 16 - March 23, Portland  
Feb 19-20 Seattle  
Feb 26-27 Richland  
April 2-3 Portland  
May 4-5 Portland

### PH Level II

March 5-6 Portland  
April 30 Spokane

### PH Level III

May 21 - 22 Portland

### Pranic Crystal Healing

June 25 - 26 Portland

### Scanning Review

April 16 Portland

### PNW Arhatic Day

March 12 Portland

### Arhatic Prep

Feb. 23-24 Los Angeles

## BASIC PROBLEMS AND TREATMENTS IN PRANIC HEALING

Pranic Healing involves the use of prana and the manipulation of bioplasmic matter of the patient's body. The following are the basic problems and treatments encountered in pranic healing:

1. In areas where there is pranic depletion, cleansing and energizing are applied to the affected areas. The emphasis is on energizing.
2. In areas where there is pranic congestion, diseased and congested energy is removed or extracted from the affected area. This is followed by projecting prana to the treated area. The emphasis is on cleaning or decongesting.
3. A malfunctioning chakra is restored by simply cleansing and energizing it with prana.
4. Drooping and entangled health rays are disentangled and strengthened.
5. Blocked meridians or energy channels are cleansed and energized.
6. Prana which leaks out through holes in the outer aura are sealed.
7. Specific types of prana are applied to produce specific results. Certain illnesses need a specific type or types of prana to produce faster results. This is taught in Advanced Pranic Healing.

--excerpt from Miracles in Pranic Healing, pp. 32 ... 35.



## Full Moon Meditation With Portland Pranic Healing Clinics

The Portland area Full Moon Meditation is back in operation. For the next several months it will be incorporated with the healing clinic closest to the full moon date.

**Join us at the daytime clinic Wednesday, February 16<sup>th</sup> from 10 AM to noon for the Full Moon/Twin Hearts Meditation and regular Pranic Healing Clinic at The Center for Spiritual Living, 6211 NE MLK Jr. Blvd. Portland, 97211.**

A lovely crowd of Pranic Healers and members of the community celebrated the Winter Solstice and Full Moon at the Tuesday clinic, December 21, and January's full moon meditation was connected to clinic on the Tuesday the 18<sup>th</sup>.

**Plan ahead for Tuesday, March 22<sup>nd</sup> at the Multnomah Center.**

## Featured Classes available in February:

- Spiritual Essence of Man – Canada February 5 & 6
- Pranic Healing Level 1 – Lake Oswego February 12 & 13
- Pranic Healing Level 1—Seattle, WA February 18 & 20
- Pranic Healing Level 1—Richland, WA February 26 & 27
- Intro to Pranic Healing—Hillsboro, OR February 26

Click on the side bar date for specifics about these events.

These are special opportunities to take a class for the first time. If you've already taken the class, consider referring students to one of these Pranic Healing classes and collecting your \$100 voucher to use for higher courses OR consider repeating the weekend for \$50, developing your skills and meeting new healers.

It is always recommended that Pranic Healers have a healing buddy for those times when they need healing work done and don't feel well enough to work on themselves. The perfect person might be at the class you repeat.



## Intro to Pranic Healing - Focus on Animals



Pranic Healing has so many wonderful applications! Liza Burney, of Portland, OR, offered two Intro classes last month with a focus on animals, in Eugene on Saturday, and Hillsboro on Sunday. What she didn't know is that the Oregonian featured an article about the Hillsboro class in the Saturday paper, which apparently a lot of people saw (but didn't RSVP!).

The class in Eugene went well with 35 people. When she set up for the 30 or so who had RSVP'd for the Hillsboro class, she was taken by surprise as the room kept filling and filling. After all 55 chairs were set out, and people still kept coming (and standing), the facility had to shut the doors so as not to violate the fire code occupancy limit!

The great response from the public was so inspiring! In fact, because so many people had to be turned away, there is another Intro to Pranic Healing at the Hillsboro Main Library on

**Saturday, February 26 from 2-4 pm.**

If you know someone who might be interested, please pass this on to them!

If you or your organization would like to host an Intro to Pranic Healing for your membership, please [let us know!](#)

Please [submit](#) all content for the next newsletter by March 15th. Thank you.