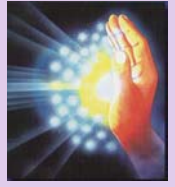


# Pacific Northwest Pranic Healers

## March 2008 Newsletter

“Imagine people not only talking about doing good things, but actually doing them.”  
— GrandMaster Choa Kok Sui



### Upcoming Local Classes

#### Energy First Aid and Etheric Hygiene

Interested in applying the teachings of GrandMaster Choa in your daily life? Tired of that papercut? Do you ever wonder exactly how congested your home or office is? Do you know what to do about it? In this three-hour workshop, Linda Negrin will give you an overview of the body's energy anatomy, help you experience the energy that flows naturally from your hands, and practice directing that energy to heal minor injuries. She will also show you how to develop a daily energy hygiene practice, how to reduce stress energy, and learn critical environmental hygiene techniques to use at home and at work.

#### Energy First Aid classes scheduled:

April 5, 2-5 pm in Salem;

May 17, 1-4 pm in SE Portland

To register or for questions contact:  
[linda@avalonspiritualcenter.com](mailto:linda@avalonspiritualcenter.com).

#### PH Level I classes scheduled:

April 13 & 20 in Portland To register or for questions contact: [andreafurber@mac.com](mailto:andreafurber@mac.com)

<http://www.my.calendars.net/pnwpranichealing>

### Tip of the Month

“The other day, after giving a Pranic Healing treatment, my energy level was really low and I found myself thinking of my client often. After I remembered to cut the cord between us, my energy level returned to normal and I was able to focus on my daily activities without distractions.” -E.V.

### This Just in From L.A.:

*Join us as we celebrate the Life of a Great Spiritual Teacher.*

*March 19th, is the one year anniversary of the Mahasamadhi of our Beloved GrandMaster Choa Kok Sui. Master Co will facilitate a special night of*

*sharing and reminiscing of GrandMaster Choa's powerful life. He will review some of GrandMaster Choa's key teachings then guide us in a powerful*

*meditation to increase our connection to the Divine. This promises to be a very special evening in honor of a Great Soul who has touched many lives around the world and has left us with a Powerful Spiritual Legacy!*

**Wednesday, March 19th. 7pm**  
**Live Audio Stream via PranaTalk**  
**Call: 605-772-3434**  
**Code: 203-049-403**

*Liza Burney has offered her home as a meeting place if people would like to gather to celebrate. For more information, contact:*

*[lizaburney@yahoo.com](mailto:lizaburney@yahoo.com).*



## Local Clinics – New Schedule and Locations!

We are so excited about the new locations for two of our clinics:

#### Pine Street



First, our **Wednesday** morning clinic (formerly held at People's Co-op) is now being held from **10 am to noon** at Pine Street Community Acupuncture, [215 SE 9th #104, Portland](#) 97214. Kimberly Booth, Pranic Healer and co-owner, has graciously allowed us the use of her facility. Many thanks.

Parking can be found on Sandy Blvd., 9th Street or Ash. Because the new space is very quiet, late arrivals are now very obvious to those meditating. We will put a chair in the entry way, so that late folks can sit quietly, hear the meditation, and wait to enter until the meditation is finished.

#### Forest Grove Library



Second, our Monday Hillsboro clinic is now a **Wednesday** Forest Grove clinic! Please join Cheri at the Forest Grove City Library at [2114 Pacific Ave. in Forest Grove](#) from **5:45 to 7:45 p.m.** every Wednesday evening. This is a another lovely space and all healers in the Forest Grove area are encouraged to come out and support this new clinic. For more information, contact Cheri at 503.357.4284. Parking is in the library parking lot.

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